

“This Old Heart”

Improver Level. 4 Wall Line Dance (48 Counts)

Choreographer: Kate Sala & Dee Musk (UK) deemusk@btinternet.com

Choreographed To: “This Old Heart Of Mine” by ‘The Isley Brothers’ (32 Count intro)

Slow Sailor Steps R & L, Behind Touch, Pivot 1/2 Turn R.

- 1 2 3 Cross step R behind L. Step L to L side. Step R to R side.
4 5 6 Cross step L behind R. Step R to R side. Step L to L side.
7 8 Touch R back. Pivot 1/2 turn Right. (Weight ending forward on R).

Kick Ball Change, Step Forward, Tap Behind, Back Lock Step, Behind Touch, Pivot 1/2 Turn L.

- 1 & 2 Kick L forward. Step down on L. Step forward on R.
3 4 Step forward on L. Tap R behind L.
5 & 6 Step back on R. Lock step L over R. Step back on R.
7 8 Touch L back. Pivot 1/2 turn L. (Weight ending forward on L).

R Side, Cross In Front, Side, Kick, L side, Cross In Front, Side, Kick.

- 1 – 2 Step R to R side. Cross Step L over R.
3 - 4 Step R to R side. Kick L forward to L diagonal & click fingers.
5 – 6 Step L to L side Step. Cross step R over L.
7 – 8 Step L to L side. Kick R forward to R diagonal & click fingers.

Back Rock, Recover, Right Chasse, Tap Across, Side, Across, Side Step L.

- 1 – 2 Rock back on R. Rock forward on L.
3&4 Step R to R side. Step L next to R. Step R to R side.
5 6 Tap L toes forward & across to R diagonal. Tap L toes out to L side.
7 8 Tap L toes forward & across to R diagonal. Step L out to L side.

Jazz Box 1/4 Turn R, Lock Step Forward, Chasse R.

- 1 2 3 Cross step R over L. Step back on L. Turn 1/4 R stepping R to R side.
4 5 6 Step forward on L. Lock step R behind L. Step forward on L.
7 & 8 Step R to R side. Step L next to R. Step R to R side.

Back Rock. Kick Ball Cross x 2, Big Step L, Drag In R.

- 1 – 2 Rock back on Left. Recover on to R.
3&4 Kick L diagonally forward L. Step ball of L back to place. Cross step R over L.
5&6 Kick L diagonally forward L. Step ball of L back to place. Cross step R over L.
7 – 8 Step L long step to L side. Drag in R towards L keeping weight on L.

Start Again

For information contact Dee on 07814 295470