

'THE POWER OF ONE'

Choreographed by **Dee Musk**

64 Count 2 Wall Intermediate Dance – One 8 Count Tag after wall 2

Music: Love Is All We Need – Celine Dion - One Heart Album

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BALL STEP TOUCH, OUT OUT AND CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, SAILOR STEP

- &1,2 Step back on the right, step a large step forward on the left, touch right next to left.
- &3&4 Step right out to right side, step left out to left side, step right next to left, cross left over right.
- 5-6 Make a ¼ turn right, stepping right foot forward. Make a ¼ turn right, stepping left to left side.
- 7&8 Step right behind left, step left to left side, step right in place.

BALL TAP X 2 FLICK, BEHIND SIDE CROSS, HIPS, L, R, L, R, L

- &1&2 Step left next to right. Slightly to the right diagonal, keeping right ball of foot on the floor, tap the right heel twice, flick the right foot to the right diagonal.
- 3&4 Step right behind left, step left to left side, cross right over left.
- 5-6 Step left slightly back and to the diagonal (for styling) bumping left hip back, then bump right hip forward.
- 7&8 Bump left hip back, bump right hip forward, bump left hip back.

BALL CROSS ¼ TURN LEFT, STEP LOCK STEP, BACK BACK, HIP, HOLD AND CROSS

- &1,2 Step right next to left, cross left over right, make a ¼ turn left stepping right back.
- 3&4 Step left foot back, lock right foot over left, step left foot back.
- &5,6 Step back right, step back on left, bump left hip to the left side.
- 7&8 Hold count 7, step right next to left on &, cross left over right on 8.

¼ TURN RIGHT, ¼ TURN RIGHT, ¼ SWEEP SAILOR TURN RIGHT, WALK, WALK, ROCK AND CROSS

- 1-2 Make a ¼ turn right, stepping right forward, make a ¼ turn right stepping left to left Side.
- 3&4 Make a ¼ turn right, sweeping right foot around and behind left, step left to left side, step right forward.
- 5-6 Walk left, walk right.
- 7&8 Rock left out to left side, recover weight on the right, cross left over right.

BALL CROSS, SIDE, BEHIND SIDE CROSS, SIDE, BEHIND SIDE CROSS SHUFFLE

- &1,2 Step right to right side, cross left over right, step right to right side.
- 3&4 Step left behind right, step right to right side, cross left over right.
- 5 Step right to right side.
- 6& Step left behind right, step right to right side.
- 7&8 Cross left over right, step right to right side, cross left over right.

PRESS AND FLICK, BEHIND SIDE CROSS, ¼ TURN LEFT, ½ TURN LEFT, LEFT COASTER

- 1&2 Slightly to the right diagonal, press down on to ball of right foot, recover weight to the left, flick right foot to right diagonal.
- 3&4 Step right behind left, step left to left side, cross right over left.
- 5-6 Make a ¼ turn left, stepping left forward. Make a ½ turn left, stepping right back.
- 7&8 Step left back, step together with right, step left forward.

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STEP TOUCH, OUT IN LARGE SIDE STEP, DRAG AND STEP, WALK WALK

- 1-2 Step right foot forward. Touch left next to right.
- 3&4 Touch left toe out, then in, step a large step to the left.
- 5&6 Drag right next to left on 5, step on to right on &, step forward on left on 6.
- 7-8 Walk right, walk left.

½ PIVOT LEFT, ½ TURN LEFT AND TOUCH, STEP, RIGHT ¼ TURN ROCK AND CROSS, POINT

- 1-2 Step forward on right, make a ½ turn left.
- 3&4 Make a ½ turn left stepping back on right, step back on left, touch right toe in front of left.
- 5 Step forward right.
- 6&7 Make a ¼ turn right rocking left out to left side. Recover weight to right. Cross left over right.
- 8 Point right toe to right side.

Enjoy It!! Luv Dee xx

8 COUNT TAG – DANCED ONCE ONLY, AFTER THE SECOND REPETITION OF THE DANCE. (12 O'Clock Wall).

BALL CROSS SIDE, BALL CROSS SIDE, BALL CROSS BACK SIDE TOUCH.

- &1-2 Step ball of right next to left. Cross left over right. Step right to right side.
- &3-4 Repeat on the opposite foot.
- &5-6 Step ball of right next to left. Cross left over right. Step right foot back.
- 7-8 Step left foot to left side. Touch right toe next to left.