

'Stop The Wheel'

Choreographed by **Dee Musk**

48 Count 4 Wall Intermediate Dance – November 2003

Music:- Stand Still by Phil Vassar – Album – American Child by Phil Vassar

CROSS ROCK SIDE, CROSS ROCK ¼ TURN RIGHT, STEP ¾ TURN RIGHT, BACK ROCK SIDE.

- 1&2 Cross rock left over right, recover weight to right, step left to left side.
3&4 Cross rock right over left, recover weight to left, make a ¼ turn right stepping right forward.
5&6 Step forward on left, make a ¾ turn right, step left to left side.
7&8 Rock right behind left, recover weight to left, step right to right side.

SWAY LEFT, SWAY RIGHT, & SIDE CLOSE ¼ TURN RIGHT, FULL TURN RIGHT, SWEEP SAILOR ¼ TURN.

- 1-2& Sway left (1), sway right (2), recover weight to the left on the (&) count.
3&4 Step right to right side, close left beside right, make a ¼ turn right stepping right forward.
5&6 Step forward on left, make a ½ turn right, continue round making a further ½ turn right stepping left foot back. (*Easy Option:- Left mambo forward and recover*).
7&8 Sweep right foot out, round, and behind left, whilst making a ¼ turn right, step weight on to right, step left to left side, step right slightly forward.

CROSS ROCK RECOVER X 2, CROSS, SIDE, BEHIND, ¼ TURN, STEP PIVOT STEP.

- 1&2 Cross left over right, rock right out to right side, recover weight to left.
3&4 Cross right over left, rock left out to left side, recover weight to right.
5&6& Cross left over right, step right to right side, cross left behind right, make a ¼ turn right, stepping right forward.
7&8 Step forward on left, make a ½ turn right, step forward on left.

WALK, WALK, MODIFIED MAMBO, STEP, SIDE ROCK RECOVER, AND, SIDE ROCK & CROSS.

- 1-2 Walk right, walk left.
3&4& Rock back on right, recover weight to left, walk right, walk left.
5-6& Rock right out to right side, recover weight to left, step right next to left.
7&8 Rock left out to left side, recover weight to right, cross left over right.

¼ TURN RIGHT, ½ TURN RIGHT, & LEFT LOCK STEP, POINT ¾ TURN RIGHT, RIGHT CHASSE.

- 1-2& Make a ¼ turn right stepping forward on right. Make a ½ turn right stepping back on left. Step right next to left.
3&4 Step left forward, lock right behind left, step left forward.
5-6 Point right to right side, make a ¾ turn right (weight remains on left).
7&8 Step right to right side, close left beside right, step right to right side.

CROSS ROCK SIDE, CROSS ROCK ¼ TURN RIGHT, FULL TURN RIGHT, SWEEP SAILOR ¼ TURN.

- 1&2 Cross rock left over right, recover weight to right, step left to left side.
3&4 Cross rock right over left, recover weight to left, make a ¼ turn right stepping right forward.
5&6 Step forward on left, make a ½ turn right, continue round making a further ½ turn right stepping left foot back. (*Easy Option:- Left mambo forward and recover*).
7&8 Sweep right foot out, round and behind left, whilst making a ¼ turn right, step weight on to right, step left to left side, step right slightly forward.

Have Fun and enjoy love and hugs Dee xxxx