

'Live For You'

Choreographed by: *Dee Musk* (May 2006) deemusk@btinternet.com

Dance: 32 Count 4 Wall Intermediate – One Restart facing 9 o'clock.

Choreographed to: Live For You – Rachael Lampa – Live For U Album

16 count Intro – Start just before main vocals.

WALK FORWARD L, FULL TURN L TRAVELLING FORWARD, SIDE ROCK, CROSS, ROCK & CROSS, SIDE TOGETHER FLICK.

- 1,2,3 Walk forward L, making a full turn L travelling forward make a ½ turn stepping back on R, make a ½ turn stepping forward on L.
&4 Rock R out to R side, recover weight to L.
5 Cross R over L.
6&7 Rock L out to L side, recover weight to R, cross L over R.
&8 Step R to R side, step L beside R and flick R foot back. **(12 o'clock).**

CROSS, SIDE ROCK, CROSS SHUFFLE, ¼ TURN L, ¼ TURN L, HIPS SWAYS.

- 1 Cross R over L.
2& Rock L out to L side, recover weight to R.
3&4 Cross step L over R, step R to R side, Cross L over R.
5,6 Making a ¼ turn L stepping back on R, making a ¼ turn L stepping forward on L.
7&8 Stepping R to R side, sway hips R, L, R. **(6 o'clock). *(Restart from here).**

WALKS L AND R, MAMBO ½ TURN L, STEP REVERSE ½ TURN R, ¼ TURN CHASSE R.

- 1,2 Walk forward L, Walk forward R.
3&4 Rock forward on L, recover weight to R, make a ½ turn L stepping forward on L.
5,6 Step forward on R, making a reverse ½ turn R step back on L.
7&8 Whilst making a ¼ turn R step R to R side, step L beside R, step R to R side. **(9 o'clock).**

ROCK & ¼ TURN L, FULL TURN L, STEP TURN TURN R, ¼ SWEEP R, STEP LOCK.

- 1&2 Rock L over R, recover weight to R, make a ¼ turn L stepping forward on L.
3&4 Making a full turn L turn ½ turn L stepping back on R, make a ½ turn L stepping forward on L, step forward on R.
5&6 Step forward on L, make a ½ turn R, make a ½ turn R stepping back on L.
7 Making a ¼ turn R sweep R clockwise and lock behind L.
8& Step forward on L, lock R behind L. **(9 o'clock).**

* Restart during wall 4, dance up to count 16 then restart from the beginning facing 9 o'clock.

Begin Again and enjoy Luv Dee xx

For bookings or information contact **ALAMO entertainments** on 01455-619770/07869-213549