

'Feel The Rush'

Choreographed by **Dee Musk**

48 Count 2 Wall Intermediate Dance - Restart Wall 2

Music: Feel The Rush by Liberty X – Thinking It Over Album

BALL CROSS ¼ TURN L, ¼ TURN L WITH HIP BUMPS, SYNCOPATED WEAVE LEFT, WITH HEEL SPLITS.

- &1,2 Step left next to right, cross right over left, make a ¼ turn left stepping forward on left.
- &3&4 Make a ¼ turn left stepping right foot to right side, bumping hips Right, Left, Right.
- &5&6 Step left next to right. (Travelling to the left). Cross right over left, step left to left side, cross right behind left.
- &7&8 Step left to left side, step right in front of left, split heels out, then in.

HITCH, RIGHT COASTER, STEP, SIDE TOE SWITCHES, STEP, CROSS, ¼ TURN L, STEP ½ PIVOT LEFT, TOUCH.

- &1&2 Hitch right knee, step back on to the right, together with left, step forward on the right.
- &3&4 Step left next to right, touch right toe out to right side, step right next to left, touch left toe out to left side.
- &5-6 Step left next to right, cross right over left, make a ¼ turn left, stepping left forward.
- 7&8 Step right foot forward, make a ½ turn over your left shoulder, touch right next to left.

FUNKY WALKS FORWARD, RIGHT ROCK RECOVER STEP, ½ TURN LEFT, ½ TURN LEFT, LEFT LOCK STEP.

- 1-2 (With attitude), walk, right, left.
- 3&4 Rock forward on to right, recover weight to the left, step right foot back.
- 5-6 Make a ½ turn over your left shoulder stepping left foot forward, continue turning a further ½ turn left, stepping right foot back. (Weight is on right).
- 7&8 Step forward left, lock right behind left, step forward left.

¼ TURN RIGHT, SKATE R, SKATE L, RIGHT VAUDEVILLE, & CROSS UNWIND ¾ TURN RIGHT, RIGHT FLICK BALL STEP.

- 1-2 Make a ¼ turn right, skate right, then left.
- 3&4 Cross right over left, step left to left side, touch right heel forward.
- &5-6 Step right next to left, cross left over right, unwind ¾ turn right. (Weight on left).
- 7&8 Flick right foot forward, step right next to left, step left foot forward.

STEP ½ TURN LEFT, ¼ LEFT WITH RIGHT ROCK & CROSS, LEFT ROCK & CROSS, RIGHT CHASSE.

- 1-2 Step right forward, make a ½ turn left.
- 3&4 Make a ¼ turn left, rock right to right side, recover weight to left, cross right over left.
- 5&6 Rock left to left side, recover weight to right, cross left over right.
- 7&8 Step right to right side, step left next to right, step right to right side.

¼ TURN LEFT, ¼ TURN LEFT, SAILOR STEP, 4 x ¼ TURNS RIGHT.

- 1-2 Make a ¼ turn left, stepping left to left side. Make a ¼ turn left, stepping right to right side.
- 3&4 Step left behind right, step right to right side, step left in place.
- 5& Make ¼ turn right stepping on right, step ball of left behind right.
- 6& Make ¼ turn right stepping on right, step ball of left behind right.
- 7& Make ¼ turn right stepping on right, step ball of left behind right.
- 8 Make a ¼ turn right, stepping right next to left. (Weight on right).

**Restart - Wall 2 – Dance up to count 40 then start the dance again.
Dance to the end and enjoy!!**