

'Envy'

Choreographer: Dee Musk ~ Starlite

32 Count 4 Wall Intermediate Dance, Music: ENVY by Smoke2Seven (CD Single)

FLICK & SIDE POINT, HEEL TWISTS ¼ TURN LEFT, & STEP PIVOT, KNEE ROLL/PUSHES.

- 1&2 Flick right foot forward, bring right foot next to left and point left toe to left side.
3&4 Twist both heels, right, left, right whilst making a ¼ turn to the left. (Weight remains on right foot).
&5-6 Step left foot next to right, step forward on right foot and make a ½ turn left. (Weight is on left foot).
7-8 Roll/push right knee out in a clockwise motion, (weight is on right), roll/push left knee out in an anti-clockwise motion, (weight is on left).

SIDE CLOSE ¼ TURN, SWEEP ¼ TURN AND SIDE STEP, CROSS SHUFFLE, SIDE ROCK.

- 1&2 Step right to right side, close left next to right, make a ¼ turn right stepping forward on to right foot.
3&4 Sweep left toe from behind, round in a clockwise motion whilst making a ¼ turn right, step left foot next to right, and step right foot to right side.
5&6 Cross left foot over right, step right foot to right side, cross left foot over right.
7-8 Rock right foot out to right side, recover weight back on to left foot.

BEHIND SIDE CROSS, KNEE ROLL WITH HIP PUSH, ROCK & ¼ TURN, HITCH ¼ TURN X 2.

- 1&2 Step right foot behind left, step left foot to left side, cross right foot over left.
3&4 Roll/push left knee in a circular anti-clockwise motion on 3&. On count 4, push left knee and left hip to left side.
5&6 Rock right foot out to right side, recover weight back on to left, make a ¼ turn right, stepping forward on to right foot.
&7 Make a ¼ turn right whilst hitching left knee, touch left toe out to left side
&8 Make a ¼ turn right whilst hitching left knee, touch left toe out to left side

KICK & POINT, SWEEP SAILOR ¼ TURN RIGHT, KNEE PUSH/ROLL x 2, CHASSE.

- 1&2 Kick left foot forward, step left foot next to right, point right toe to right side.
3&4 Sweep right foot round and behind left whilst making a ¼ turn right. Step right foot behind left, step left foot to left side, step right foot to right side.
5-6 Roll/push left knee out in a anti-clockwise motion, (weight is on left), roll/push right knee out in an clockwise motion, (weight is on right).
7&8 Step left foot to left side, step right next to left, step left foot to left side.

2 x 16 COUNT RESTARTS + EASY 12 COUNT TAG

The sequence is: 32, 32 (**dance the first 16 counts then restart dance again**), 32, 32, 32, (**dance the first 16 counts then restart dance again**), 32, 32, (**12 count tag**), 32, 32, 16, end.
(When you hear the music, you will know where to restart).

EASY 12 COUNT TAG (KNEE ROLL/PUSHES, CHASSE)

- 1-2 Roll/push right knee out in a clockwise motion, (weight is on right), roll/push left knee out in an anti-clockwise motion, (weight is on left).
3&4 Step right foot to right side, step left next to right, step right foot to right side.

Repeat counts 1-4 above starting with a left knee roll/push.

GRAPEVINE (with attitude)

- 9-12 Step right to right side, step left foot behind right, step right foot to right side, step left foot next to right. (Weight now on left foot).

Enjoy it"!! Luv Dee xx