

# 'Breathe In'

**Choreographed by: Dee Musk (February 2005) Dee 07814 295470**  
**Dance: 32 Count 4 Wall Intermediate Dance**  
**Music: Breathe In by Lucie Silvas – Cd Single or Album 'Breathe In'**  
**16 Count Intro – Start on main vocals**

## **SIDE, TOGETHER, SIDE, TOGETHER, ¼ TURN RIGHT, FULL SPIRAL TURN RIGHT, RIGHT MAMBO.**

- 1,2 Step right to right side, close left beside right.
- 3&4 Step right to right side, close left beside right, make a ¼ turn right stepping forward on right.
- 5,6 Step forward on left, make a full turn right over right shoulder, keeping weight on left.
- 7&8 Step forward on right, recover weight to left, step back on right.

## **LEFT BACK ROCK, STEP ½ TURN RIGHT, STEP ¼ TURN RIGHT, HINGE ½ TURN RIGHT, LEFT CROSS SHUFFLE.**

- 1,2 Rock back on to left, recover weight to right. (Looking back over left shoulder).
- 3,4 Step forward on left, make a ½ turn right, (weight forward on right).\*(**Easy option for turns see below**).
- 5,6 Make a ¼ turn right, stepping left to left side, hinge ½ turn right, stepping right to right side.\*(**Easy option for turns see below**).
- 7&8 Cross left over right, step right to right side, cross left over right.

## **RIGHT & LEFT TOE, KICK, CROSS, BACK STEP, ½ TURN LEFT.**

- 1,2,3 Touch right toe beside left, kick right to right diagonal, cross right over left.
- 4,5,6 Touch left toe beside right, kick left to left diagonal, cross left over right.
- 7,8 Step back on right, make a ½ turn left, stepping forward on left.

## **RIGHT SIDE ROCK RECOVER BEHIND, LEFT SIDE ROCK RECOVER BEHIND, ¼ TURN RIGHT, TOGETHER LEFT.**

- 1,2,3 Rock right out to right side, recover weight to left, cross right behind left.
- 4,5,6 Rock left out to left side, recover weight to right, cross left behind right.
- 7,8 Make a ¼ turn right stepping forward on right, close left beside right.

### **\*Section 2 – Easy Option on counts 3,4 5,6\***

- 3,4 Step forward on left, make a ¼ turn right.
- 5,6 Cross left over right, step right to right side.

***Ending: The music slows down, keep dancing, you will be facing 9'oclock wall (Starting section 3, counts 1,2,3 touch, kick cross) add an unwind ¾ turn left, to finish facing the front.***